

Trail etiquette recommendations from the League of American Bicyclists (www.bikeleague.org)

Sharing the Path

1. **Courtesy**
 - Respect other trail users; joggers, walkers, bladders, wheelchairs all have trail rights
 - Respect slower cyclists; yield to slower users
 - Obey speed limits; they are posted for your safety
2. **Announce when passing**
 - Use a bell, horn or voice to indicate your intention to pass
 - Warn other well in advance so you do not startle them
 - Clearly announce "On your left" when passing
3. **Yield when entering and crossing**
 - Yield to traffic at places where the trail crosses the road
 - Yield to other users at trail intersections
 - Slow down before intersections and when entering the trail from the road
4. **Keep right**
 - Stay as close to the right as possible, except when passing
 - Give yourself enough room to maneuver around any hazards
 - Ride single file to avoid possible collisions with other trail users
5. **Pass on left**
 - Scan ahead and behind before announcing your intention to pass another user
 - Pull out only when you are sure the lane is clear
 - Allow plenty of room, about two bike lengths, before moving back to the right
6. **Be predictable**
 - Travel in a straight line unless you are avoiding hazards or passing
 - Indicate your intention to turn or pass
 - Warn other users of your intentions
7. **Use lights at night**
 - Most trail users will not have lights at night; use a white front and red rear light
 - Watch for walkers as you will overtake them the fastest
 - Reflective clothing does not help in the absence of light
8. **Do not block the trail**
 - For group rides, use no more than half the trail; don't hog the trail
 - During heavy use periods (holidays and weekends) stay single file
 - Stop and regroup completely off of the trail
9. **Clean up litter**
 - Pack out more than you pack in
 - Encourage others to respect the path
 - Place all litter in its proper receptacle
10. **Limitations for transportation**
 - Most paths were not designed for high-speed, high volume traffic
 - Use paths keeping in mind their recreational nature
 - It might be faster to use roads and avoid the traffic on the paths during heavy use