

## Trail etiquette recommendations from the League of American Bicyclists ([www.bikeleague.org](http://www.bikeleague.org))

### Sharing the Path

1. **Courtesy**
  - Respect other trail users; joggers, walkers, bladders, wheelchairs all have trail rights
  - Respect slower cyclists; yield to slower users
  - Obey speed limits; they are posted for your safety
2. **Announce when passing**
  - Use a bell, horn or voice to indicate your intention to pass
  - Warn other well in advance so you do not startle them
  - Clearly announce "On your left" when passing
3. **Yield when entering and crossing**
  - Yield to traffic at places where the trail crosses the road
  - Yield to other users at trail intersections
  - Slow down before intersections and when entering the trail from the road
4. **Keep right**
  - Stay as close to the right as possible, except when passing
  - Give yourself enough room to maneuver around any hazards
  - Ride single file to avoid possible collisions with other trail users
5. **Pass on left**
  - Scan ahead and behind before announcing your intention to pass another user
  - Pull out only when you are sure the lane is clear
  - Allow plenty of room, about two bike lengths, before moving back to the right
6. **Be predictable**
  - Travel in a straight line unless you are avoiding hazards or passing
  - Indicate your intention to turn or pass
  - Warn other users of your intentions
7. **Use lights at night**
  - Most trail users will not have lights at night; use a white front and red rear light
  - Watch for walkers as you will overtake them the fastest
  - Reflective clothing does not help in the absence of light
8. **Do not block the trail**
  - For group rides, use no more than half the trail; don't hog the trail
  - During heavy use periods (holidays and weekends) stay single file
  - Stop and regroup completely off of the trail
9. **Clean up litter**
  - Pack out more than you pack in
  - Encourage others to respect the path
  - Place all litter in its proper receptacle
10. **Limitations for transportation**
  - Most paths were not designed for high-speed, high volume traffic
  - Use paths keeping in mind their recreational nature
  - It might be faster to use roads and avoid the traffic on the paths during heavy use